

Fact Sheet: WA NDIS My Way



The Role of My Way Coordinators (MWCs)

Everybody who is eligible for WA NDIS My Way will have access to a My Way Coordinator (MWC).

My Way Coordinators are part of a locally-based team and work with no more than 50 people at a time, so they can provide you with highly personalised, flexible and responsive support.

A key part of the My Way Coordinator role is to work together with you to build and maintain an effective and trusting relationship. This is important because your My Way Coordinator will be your main point of contact throughout your WA NDIS My Way journey.



Support and Planning

Your My Way Coordinator will be able to support and assist you with things such as:

- providing relevant information
- supporting you to identify your goals, strengths and needs which will form part of your plan
- assisting you with your individual plan, should you want assistance (together with anyone else you would like to involve)
- assisting you to explore the choices and opportunities available in your community
- supporting you to access the supports and services identified in your plan
- supporting you to connect with your peers and local community

Family members and carers can also work closely with My Way Coordinators, so they are strengthened and supported in their caring role.

Your first meeting with a My Way Coordinator

When you meet for the first time, your My Way Coordinator will get to know you by having a conversation about who you are, what your life is like now, and how you might want it to look into the future.

Other questions might include:

- What parts of your life would you like to build on?
- What are your main strengths?
- What are your goals?
- What supports do you need to progress towards your goals?
- How do you want to manage your plan?

From this conversation, your My Way Coordinator can support you to develop an individualised plan that includes a clear pathway to your identified goals.

You are central to this planning process because it is **your** plan. Your My Way Coordinator is there to support and assist you as much or as little as you need.

Individualised planning helps people to:

- build on natural supports such as friendships, neighbours and community groups
- clarify their choices about a pathway towards the life they want to live
- identify opportunities to belong and make a contribution that is welcomed
- develop their talents and skills
- build on opportunities for a valued role in the community
- feel confident that their future is safe and secure
- access the support and services that they require to achieve their goals

WA NDIS My Way trial

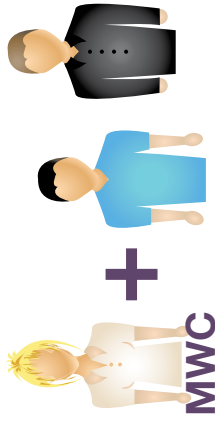
From 1 July 2014, the WA NDIS My Way trial will begin in the Lower South West, with Cockburn and Kwinana joining from 1 July 2015.

My Way Coordinators have been working in these areas since 2012. Their roles will largely remain the same during the WA NDIS My Way trial. However there will be an increased focus on providing more individualised planning and giving people greater flexibility in managing their supports and services.

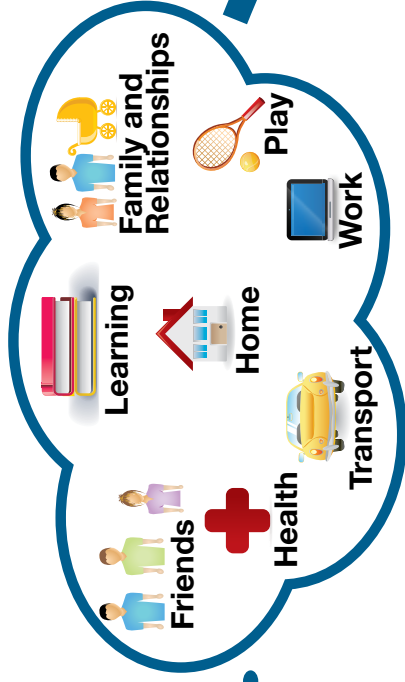
There will also be My Way Coordinators with mental health expertise, to support people with psychosocial disability who are eligible for the trial.

Further information

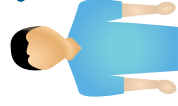
- **Visit:** www.disability.wa.gov.au
- **Email:** MyWay@dsc.wa.gov.au
- **Call:** 1800 996 214
- **TTY:** 9426 9315
- **Am I Eligible?:** This online tool allows people to carry out an initial eligibility assessment. Go to www.disability.wa.gov.au and click on **Am I Eligible?** It also provides contact details for State Government disability services throughout WA.



1. Meet My Way Coordinator (MWC)
Develop relationship

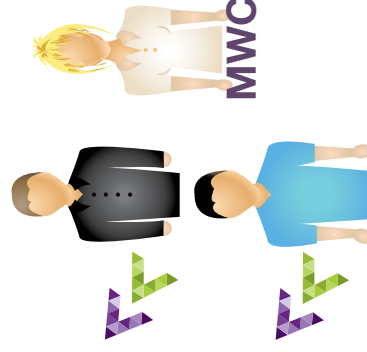
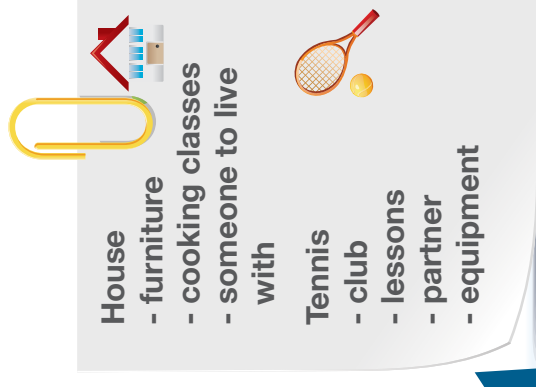


2. Develop a Vision/Picture
What's a good life for me/us?

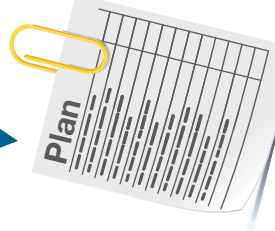


**WA
NDIS
My Way**

3. Explore options
What is possible?



4. Develop plan
How do we go about it?



5. Do!
Make it happen (sometimes funding may be needed)

6. Review
What has worked and what is next?

